

HOW WE WORK



Our Interest Groups

We have a large number of interest groups ranging from walking, photography, family history, games, and many, many more. Up to date information of all the groups can be found on our website. If you cannot find the information you need, or want paper copies, please come to the Monthly General meeting and speak to someone. Once you are a member you can join a group by contacting the Group Organiser via the website or go along to a meeting. You're welcome to come for a taster session and try out a group to see if it's for you.

Our Monthly Meetings

We hold monthly meetings at 10 am on the second Wednesday of the month in Syston Community Centre. There is a chance to have a coffee and a chat to other members and to find any information you require. Committee members usually attend if you need to speak to them. The Chairman gives a welcome and any notices at 10.30 followed by a talk by an invited speaker on a wide range of topics lasting about 45 minutes. A list of speakers is on the website and at the meetings.

Our Website

All the information you need to make the most of your membership is on our website www.systonu3a.org.uk. We also have a Facebook page, just search for Syston U3A.

"Vitality" – our monthly newsletter

This is published on the first of the month and contains useful information about activities, events and membership. You will be sent a link to access the newsletter online or **if you need a hard copy** please provide the editor with stamped addressed envelopes. (You can hand these in at the monthly meeting.) Members are encouraged to send articles in and reports on their group activities to sadu3aed@gmail.com.

Our Committee

Your u3a is run by an Executive Committee whose names and roles are listed on the website. A brief Annual General Meeting is held in June where new committee members are elected so if you are interested in being on the committee or volunteering your help in any way please let the Chairman know on sadu3achair@gmail.com The u3a cannot run unless these roles are filled.

Third Age Trust

Each individual u3a pays a contribution to an umbrella organisation, the "Third Age Trust" They have their own website www.u3a.org.uk which highlights what other groups around the country are doing and also hosts online learning events, online groups and lots of useful information. They also publish a magazine "Third Age Matters" which is sent to every member by post. If you **do not** wish to receive this magazine please let the Membership Secretary know on sadu3amembers@gmail.com or let someone know at the General Meeting.

I hope you will enjoy your membership of Syston u3a.

Christine Gale

Membership Secretary

Feb 24

The Ethos of the u3a encourages people to be

"INVOLVED MEMBERS NOT CUSTOMERS"